



**MWT-Oak Creek COVID-19 PHASE 2 Policies and Procedures** *MWT-Oak Creek is committed to the health and safety of all gymnasts, visitors, and staff. In order to achieve this commitment, we have implemented new policies and procedures. All gymnasts and visitors are required to abide by all policies and procedures set in place.*

**Gymnast Drop-Off Procedures** *\*\*Gymnasts must exit vehicles no more than 5 minutes prior to their scheduled practice time. Please respect social distancing of 6 feet or more during drop off and pick up times.*

- When a gymnast arrives, they must stand in line at the first available BLUE “X” in the parking lot leading into the building. If no X is available, please wait in or near your vehicle until one becomes available.

~Recreational parents: MWT staff will greet gymnasts at the door, please feel free to drop your gymnast at the door, or walk them to the door (mask required) (No siblings please) Parent viewing is allowed but limited to available spots.

~ Preschool parents are required to stay for classes (mask required) Preschool families will enter and head straight upstairs for classes. (No siblings please)

- All doors leading into the building and gym will be propped open to ensure no unnecessary contact is made.
- Each gymnast and guest must sanitize their hands upon being checked in and entering the facility.
- Each gymnast must follow the BLUE “X” leading into the building and get individually checked in by MWT staff.
- Only scheduled gymnasts will be allowed in the facility during each workout time.
- MWT staff will provide each recreational gymnast their own bin upon check in. Gymnasts must immediately put all belongings (including socks and shoes) into the bin. Please limit belongings as much as possible. All items must fit in the bin. (Bins will be sanitized after each use)
- Once checked in by MWT staff, each gymnast will follow the BLUE “X” marks leading into the gym.
- A coach will be greeting each gymnast once they enter the gym (minding social distancing guidelines of 6 feet) and will direct them to place their bin marked with a BLUE “X”. Gymnasts will warm up in this area. Bins will travel from event to event with each child.



### **Areas Off-Limits**

- Upstairs viewing area and pre school room will be open to preschool families only.
- Hallway leading to the team room/womens bathroom
- Bubblers (please bring a water bottle if you would like)
- Team Room
- Pro Shop areas
- Gym areas and equipment marked with caution tape

### **Class procedures:**

- All classes will have reduced ratios
- Events and equipment will be spaced to respect social distancing rules.
- Staff will wear face coverings while spotting or within close proximity to students. Spotting will be limited.
- High touch surfaces and shared matting will be sanitized between classes.

**Pick-Up Procedures** *\*\*It is expected that the parent/guardian of each gymnast arrives PROMPTLY at the end of the scheduled practice time. Each parent/guardian will meet their gymnast in the parking lot. Please respect social distancing of 6 feet or more during drop off and pick up.*

- Once practice has concluded, gymnasts will sanitize their hands and be taken by MWT staff to the pick up area.
- 1 by 1 (at the direction of a coach) each gymnast will pick up their bin and follow the BLUE "X" path back out to the front door.
- Once the gymnast reaches the position of the lobby staff, she will remove her belongings from the bin, check out with Lobby staff, and meet their pick-up person outside.
- Parents, please remain in or near your car until you see your child exit the building. Parents congregating in the lobby or near the front door will not be allowed. Please respect social distancing of 6 feet or more during drop off and pick up.

### **NEW Policies and Guidelines**

- **Each Parent must take their gymnast's temperature before practice.** Temperature must not exceed 100.4 degrees.
- Any gymnast with a temp of 100.4 or above or covid symptoms must remain out of the gym until tested and released by a Dr OR until fever and symptom free for 14 days. Parents must provide proof of Dr. release. (We understand that it is allergy season. If your child has a cough or other allergy symptoms you must provide MWT with a Dr. note.



- All gymnasts and visitors must sanitize hands immediately upon entering and as leaving the facility. A hand sanitizing station will be available for use.
- Each gymnast will either use hand sanitizer (provided by MWT) before and after use of any equipment and/or between event rotations.
- Parents viewing is limited to the designated spots in the lobby area. Once those spots are full, parents wishing to view must wait outside until a space becomes available.
- All parent viewers MUST wear a mask at all times. MWT will adhere to a strict 1 to 1 parent to gymnast ratio.
- All visitors MUST wear masks if they enter the facility for any amount of time. No siblings are allowed in the facility at this time.
- Social distancing of 6 feet must be followed by gymnasts and visitors during the duration of their time in the facility. (We know it's hard, but no hugging your favorite coaches or teammates...for now!)
- Vending and Bubbler will be unavailable. Each athlete must bring their own water bottle to each practice.

#### **Athlete Rules:**

- Gymnasts should arrive ready for class. We would appreciate it if only shoes and a water bottle are the only items brought into the gym. Weather permitting of course.
- All gymnasts must sanitize hands immediately upon entering and prior to leaving the facility. A hand sanitizing station will be available for use.
- Each gymnast will either wash their hands and/or use hand sanitizer (provided by MWT) before and after use of any equipment and/or between event rotations.
- Each gymnast is responsible for bringing their own water bottle. The bubbler will not be available for use.
- Social distancing of 6 feet must be followed by gymnasts during the duration of their time in the facility. (We know it's hard, but no hugging your favorite coaches or teammates...for now!)

**\*For the safety of our athletes, staff, and families, MWT reserves the right to remove any person who fails to comply with the rules and policies stated above.**