



# Megan Fosnow

Birth Date: 5-11-92  
Graduation: 2010  
School: Greenfield  
Greenfield, Wisconsin  
Cumulative GPA: 3.5  
Level 10 Gymnast Since 2008

## GYMNASTICS ACCOMPLISHMENTS

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2005 Level 8 State A.A Champion,  
Regional VT champion  
2006 Level 9 Regional Qualifier 4<sup>th</sup> Vault

2007 Level 9 Westerns 9<sup>th</sup> bars,  
9<sup>th</sup> A.A. 4 for 4 at Westerns  
2008 Level 10 Nationals 1<sup>st</sup> Alt.

## SKILLS

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### Beam – 10.0 Start

BHS, Layout  
Switch Leap, Straddle jump, Tuck 1/1  
Wolf 1/1, Straddle jump  
Front Tuck  
R/O, 1 1/2 Dismount

### Also has:

Front layout Full  
Gainer Layout full

### Training:

BHS, Layout, Layout  
R/O layout 2/1

### Bars – 9.9 Start

Toe Chute  
Gienger to Baile  
Blind, Front Giant  
Double Tuck Dismount

### Also Has:

Giant Full  
Clear Hip Pirouette

### Training:

Arabian 2/1 Front Dismount  
Def

### Floor – 10.0 Start

RO, BHS, Double Pike  
FHS, front full, front layout  
R/O, BHS, 1 1/2, Front Pike  
Wolf full, Tuck 1/12  
Switch side, Popa  
2/1 Turn,

### Also has:

RO, BHS 2 1/2 Twist  
Switch ring,, strug  
Front full, Front full

### Training:

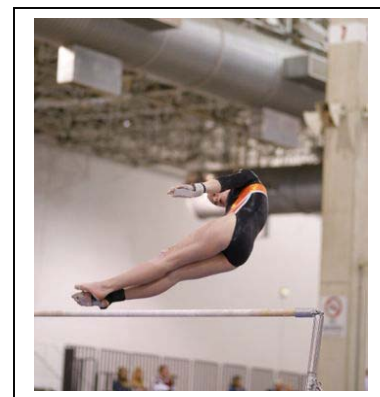
Arabian 2/1 Front  
R/O, BHS, 2 2/1, Punch Front  
Tuck Full In

### Vault – 10.0 Start

Yurchenco Layout Full

### Training:

Yurchenco, 1/2 on, Fw Tuck  
Yurchenco Layout 1 1/2



## HIGH SCORES

Vault 9.65 Bars 9.35 Beam 9.25 Floor 9.15 AA 36.825

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## CLUB INFO

Midwest Twisters Gymnastics  
11227 W. Forest Home Ave., Franklin, WI 53132  
E-mail: [Katie@giuffre.com](mailto:Katie@giuffre.com)

414-425-4655  
Coaches: Katie Giuffre and Rick Nelson